

Yakima & Selah Neighbors' Network



Est 2019

November-December 2019

Message from Board President

We are very grateful to you, our community, who came through with donations that made our matching gift opportunity 100% successful. We met our October \$10,000 challenge!

We are so pleased about the energy this has brought to our organization and the members we serve. We are excited that, even though the match has ended, we are still receiving donations. They will help us reach our goals of outreach and partnering with others who want to support older residents and ensure that they are part of a community that knows them, stays engaged with them, and cares about their quality of life. Broad-based community donors, our caring volunteers, and community involvement will make this possible.

As we approach the holidays this year, one of my favorite potlucks is coming up. Our December 4th potluck will be at the Larson Gallery while the 64th Central Washington Art Exhibit is in the Gallery. Won't you join us? It is a magical evening enjoying fellowship of others interested in, or supporters of, our Network, surrounded by art and learning the latest about the Larson Gallery. But we need to plan for tables to fit into the Gallery, so if you plan to attend, PLEASE RSVP (509) 853-1917.

Mary Lou Rozdilsky-Board President

Board Member since 2016

INTEREST GROUPS- Open to the public

We host a monthly Potluck & Ponder Series. This interest group is open to the public and we encourage our members to bring someone that may want to know more about our organization.

If you have ideas for presentations and spaces where we can host these events, please let us know. RSVP or if you have a question call YSNN office at **509-853-1917**

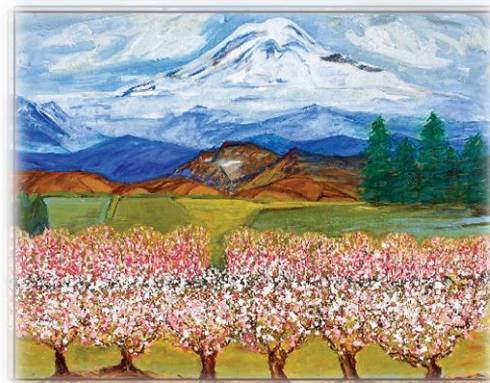
December Potluck & Ponder

Seating is limited please call soon to RSVP

What's New at Larson Gallery and 64th Annual
Central Washington Artists' Exhibition
Presenter: David Lynx

6:00 pm to 8:30 pm
Wednesday December 4

Location: Larson Gallery 1015 S. 16th Ave.
<https://larsongallery.org/>



Imaged generously donated by Delma Tayer



We have had an exciting few months. In August we had our first annual Gathering/Appreciation event at The Seasons that went over

very well. At this event we gathered information on forming Interest Groups for our organization. Interest Groups are member run and are another important part of staying connected and engaged.

We now have 70 members and volunteers that are part of our Network and our members are growing. Our volunteers have been busy taking members to medical appointments and to the store. Others have been on friendly visits with members.

The feedback I am getting from both members and volunteers is the joy in the connection they are making and the friendship that is forming. I have had a member tell me "I am very glad to have their help. I don't have to burden my son and his wife with taking me to the store." Another member expressed her gratitude in having a warm and compassionate person take her to her chemotherapy appointment. "I had gone before, but my nerves were through the roof. My volunteer was warm and calming and that made all the difference."

"Compassion is a verb. The practice of compassion is an action. Actively listening and feeling deeply can incite powerful, meaningful action." Thich Nhat Hahn

Thank you, to all of you that are part of our organization and to those interested in who we are. We are grateful. We are hopeful of the coming year and what it will bring for all of us.

See you out there!
Chrissy Schott Program Manager

INTEREST GROUPS- Members and volunteers.



The Brown Baggers- A member and volunteer interest group, meets on the first Friday of each month at noon. They attend The Season's Performance Hall Brown Bag series that runs from October 2019 through April 2020.

Coffee and Conversation- A member and volunteer interest group that meets monthly on the 3rd Wednesday at Noon. They enjoy stimulating conversation of current events and perhaps some day trip planning. Next meet is Wednesday November 20, at Noon. Sundance Espresso in Selah. 406 S.1st Street.

YSNN Dine Out- A member and volunteer interest group that had its first planning meeting on October 25th. They will be having their first dining experience together on November 21 at 6:30 at 2nd Street Grill. 28 N 2nd Street.

Baking For Friends- A member and volunteer interest group will have its first meeting is December 6th. 106 W. Pine Ave *Triply Const. Office

CPR Class -October 30th was a hit. 12 members were certified and we learned a lot more than just CPR. We may explore having another class in the spring of 2020 if you are interested call 509-853-1917.

If you are a member or volunteer and want to join an interest group or lead one, please call us at 509-853-1917.



Smart phone User's Group - A small group got together at Harman Center computer lab in September. We are planning to gather information about the questions and topics of greatest interest about smart phones, and we hope to match these with topics with resource people from our members and volunteers ***We are looking for leaders or someone who would be willing to "facilitate" this user group.**

INTEREST GROUPS (Looking Ahead)-Member and volunteer interest groups.

- Story Corps- Meeting in November or December
- Spanish (advanced)-TBD
- Spanish (beginner)-TBD

We want your feedback on your experience with YSNN. Please email ysnn.wa@gmail.com or call 509-853-1917



Call out for.... Volunteers who want to be part of a specific volunteer activity. We will be developing new positions for volunteers as we continue to grow. If you are interested please call **509-853-1917** or email chrissyschott.ysnn.wa@gmail.com

Recruiting new members and volunteers

Our network is membership based and we are recruiting for new members. You can help with presentations or host a small presentation in your home or at a club you already belong to. We also need flyers put out at community spaces.

Snow Shoveling for Seniors

We want to make sure our members sidewalks are shoveled. We will only be shoveling sidewalks not whole driveways. I will be compiling a list of members who would like to have this service.

Call Managers

We will train you and give you the tools needed to take or make phone calls to members, put in service requests for members and scheduling volunteers. Doing some computer work and tasks delegated from the Program Manager or Board member.

Intake Coordinators

We are looking for volunteers who want to assist in the intake process with new members. You will work with a Board member or another volunteer when conducting intakes with new members.

Calendar

November 18th, 10:00 – 12:00pm Board Meeting **B**

November 18th, 1;00pm New Volunteer Orientation **V**

November 20th, Noon Coffee & Conversation
(Sundance Espresso in Selah. 406 S.1st Street) **IG**

November 21st, 6:30pm YSNN Dine Out Together
(2nd Street Grill. 28 N 2nd Street) **IG**

November 28th, **Thanksgiving**

YSNN Board Members

Janet Doty -Financial
Barb Heinzen -Vice President
Becky Johnson -Secretary
Susie Lattomus- Memb. at large
Mary Lou Rozdilsky -President
Inga Wiehl -Memb. at large

Find us on Facebook

<https://www.facebook.com/yesneighbors/>

Web- yesneighbors.org

December 4th, Potluck & Ponder 6:30pm (Larson
Gallery 1015 S. 16th Ave) **OIG**

December 6th, Baking For Friends (106 W. Pine Ave
*Triply Const. Office) **IG**

December 9th, Board Meeting 10-12pm **B**

December 16th, 1;00pm New Volunteer Orientation **V**

December 17th, 6:30pm YSNN Dine Out Together
(Joy Garden 56th and Tieton) **IG**

December 18th, Noon Coffee & Conversation (Tom
Tom's YV Museum Soda Shop) **IG**

December 25- Christmas Day

Legend:

IG= Interest Group

OIG= Open Public Interest Group

V= Volunteer

B= Board

Yakima & Selah Neighbors Network
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